# Zoonosis to watch: Tapeworm infection



A zoonosis (zoh-oh-NOH-sis) is an infectious disease that people can catch from animals, and vice versa. Regular veterinary visits, preventive vaccinations and medications, and good hygiene can help prevent them.

Below are details about a common zoonosis, its symptoms, how it's transmitted, and how to prevent it. Check with your veterinarian to make sure your pet is protected against this and other zoonotic diseases.

## **Tapeworms**

Worms with a flattened, ribbonlike appearance.

# **Signs**

**Dogs & cats:** Anal discomfort and itching that often results in pets dragging their hind ends across the floor

**People:** Most are without symptoms, but diarrhea, abdominal pain, and anal itching are possible

### How it's transmitted

**Dogs & cats:** Ingesting infected fleas and tissue of infected animals like mice and rabbits

**People:** Ingesting infected fleas

# People most at risk

• Children under 8 years old

# How to prevent it

• Make sure all family pets receive strict monthly flea control.

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